



WOMEN LEADING FROM THE EDGE

A transformational journey of self discovery

This programme allows participants to explore their personal story, how this has shaped and informed their behaviour and performance in a safe space and assess what needs to be reframed to give them a leadership voice. It is a deeply personal journey of self-awareness and self-insight.

APPROACH

Deep seated personal insights are surfaced through immersive learning and reflection techniques embedded real change.

- It is a vibrant contemporary approach, with a truly South African flavour and a fine balance of the known, the unknown and what is next. - *Nandi Manentsa (SAHL)*
- I am in awe with my transformation, knowing and understanding my purpose in life - *Tobeka Sokudela*
- Women Leading from the Edge. What an inspiring programme that compels one to move to a higher level of conscious self-transformation as an individual and a leader, It is indeed a journey of self discovery in totality - *Caroline Satsha*

Module 1

Gearing up for Take-Off

- The Power of the Unconscious Mind



- Authentic Insight through the Gift of Equine



- Change Fit in Context



- Enhancing Cultural Intelligence



Immersing oneself into deep personal insights as a springboard to personal transformation

Module 2

Leaders in Motion

- The Image I Portray



- I have a Voice



- Caring for ME (Wellness)



- I Win, You Win



Harnessing my authentic power to be goal-directed

Module 3

Safe Landing

- Navigating Priorities



- Calming the Storm of Conflict



- The Multiplicity of a Woman



Transforming and readiness for "Next"